

# CORONAVIRUS FAQ

## **Can GPs do letters for patients that have had to cancel holidays, tickets etc. in view of their underlying health conditions?**

We are sorry but we have been inundated with many the similar requests. Due to the current extreme pressure the NHS is under we will not be able to provide such letters.

## **If I need to self-isolate more than 7 days, will my GP do a follow on sick note after my self-certification**

Please refer to the government COVID19 website that will provide guidance for employers. <https://www.gov.uk/government/topical-events/coronavirus-covid-19-uk-government-response>

## **Should I be working from home as I have pre existing conditions**

Please refer to the government COVID19 website who will provide guidance for employers. <https://www.gov.uk/government/topical-events/coronavirus-covid-19-uk-government-response>

## **Can I still take ibuprofen**

There has been concern about the use of NSAIDs (namely Ibuprofen, Voltarol, Naproxen etc) in relation to Covid-19. Little information is available at present but there may be some increased risk of complications. The suggestion from the NHS medical director is that in view of lack of clarity patients who have confirmed or suspected Covid 19 infections use paracetamol in preference to NSAIDs. This is not to say those on NSAIDs for other reasons should stop e.g. on for arthritis- should not stop.

## **Please can I order an inhaler just in case?**

Due to overwhelming demand we will be issuing one inhaler only to those with a relevant diagnosis- Please do not stockpile.

## **Please can I have a letter for my employer to confirm I am self-isolating?**

We are sorry but we have been inundated with many the similar requests. Due to the current extreme pressure the NHS is under we will not be able to provide such letters.

## **Can I get a rescue pack?**

We have been made aware of some inaccurate information circulating regarding special 'rescue packs' for patients with pre-existing respiratory conditions such as asthma or chronic obstructive pulmonary disease (COPD).

Please do not contact your GP practice for a rescue pack. You should continue to manage your condition in the usual way and if you feel you have symptoms of COVID-19, go to [www.111.nhs.uk/covid-19](http://www.111.nhs.uk/covid-19) or [www.gov.uk/coronavirus](http://www.gov.uk/coronavirus) website.

## **Am I in a high risk group?/Will I get a letter/text?**

If you think you are in a high risk group and are awaiting a letter, or you have received a text message, please refer to:

- [www.111.nhs.uk/covid-19](http://www.111.nhs.uk/covid-19)
- [www.gov.uk/coronavirus](http://www.gov.uk/coronavirus)