

COME AND TRY OUR **NEW** SLOWER VERSION OF WALKING FOOTBALL



NEW PLAYERS WANTED TO JOIN OUR WALKING FOOTBALL FOR THE LESS MOBILE

Walking Football is a great opportunity to get fit, play sport as part of a team, socialise and meet new people over a tea/coffee and a biscuit afterwards. These sessions are specifically tailored for less mobile and led by a qualified football coach. All you need is a water bottle, a pair of football boots, comfortable clothes and £5.00

Sessions are held at The Cricket Centre, Plough Lane, Wallington, SM6 8JQ

Every Friday starting from 16th June @ 10.30 - 11.30am

For further details contact us on 02086692177

or email office@changefdn.org.uk