

COME AND TRY
WALKING NETBALL
A SLOWER VERSION SUITABLE FOR OVER 55'S



PEOPLE WANTED FOR FUN WALKING NETBALL

Led by a qualified sports coach, come and play walking netball no matter what your ability. It's a great opportunity to play sport as part of a team, meet friendly people and socialise.

All you need is a bottle of water, a pair of trainers, comfortable clothes to play sport in and £5.00.

Sessions are held at The Cricket Centre, Plough Lane, Wallington, SM6 8JQ

Every Wednesday 10.15 - 11.30am

For further details contact us on 02086692177

or email office@changefdn.org.uk